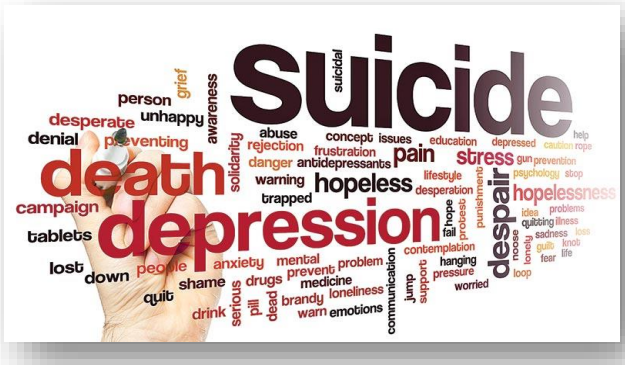
Youth Suicide: Starting the Conversation



Wednesday, September 30th, 2020

7:30 pm – 8:30 pm EST

This presentation will provide an overview of the scope of youth suicide, who may be at risk and what we can all do to prevent our youth from dying by suicide. It will be an open and honest conversation about the 2nd leading cause of death for youth. Participants will leave with a better understanding of what to look for and how to have open and honest conversations about a very important topic that impacts many. Maureen Brogan Coordinator for the NJ Traumatic Loss Coalition and Wendy Sefcik, Chair of the NJ Youth Suicide Prevention Advisory Council will be the presenters. Maureen A. Brogan, LPC, ACS is a Licensed Professional Counselor with over twenty years' experience working with individuals, families, and groups around issues such as trauma, grief, bereavement, loss; and abuse. Trauma and Crisis response is her specialty. Suicide Prevention is another area of expertise. Ms. Brogan is currently the Program Manager for the Traumatic Loss Coalitions for Youth for Rutgers– University Behavioral Health Care; and an employee of the NJ Disaster and Terrorism Branch, Division of Mental Health and Addiction Services. She assisted in the production of Signs Matter: Early Detection, suicide prevention training for educators. This was a collaborative effort with American Foundation for Suicide Prevention and Legal One NJ. Wendy Sefcik is a mom who has worked to educate herself on depression and suicide risk in the hopes of helping others. On December 1, 2010, Wendy's 16-year-old son T.J. died by suicide. Wendy, along with her husband Steve and son Matt, created Remembering T.J.—A Story of Teen Depression, Lessons and Hope. https://www.rememberingtj.org/ They have shared their story with over 30,000 people to raise awareness of depression and mood disorders in teens and suicide risk. Wendy also provides hope to those dealing with these issues and to those who have suffered a traumatic loss. To register for this event, please use the link below:

https://register.gotowebinar.com/register/9051782659748041488